



Sinal do Vale

MATA ATLÂNTICA-BRASIL

LEARNING JOURNEY

A one-day immersion in
sustainability for students
of all ages.

About Us

Sinal do Vale is a **global learning center** for the transition to sustainability. We are located on 173 hectares of land in the APA of Petropolis in the buffer zone between Rio de Janeiro and some of the last remaining preserved Mata Atlântica. SINAL develops, tests and teaches **solutions that have a positive impact** on the community and the ecosystem.



The Experience

The SINAL learning journeys give students an **immersive**, educational experience about sustainability in the Mata Atlântica. Our international team of educators lead students through a day-long **interactive journey** in our living laboratory, where they learn first-hand about organic farming, rainforest conservation, and sustainable learning.

Objectives of the day-long Learning Journey

- Understand how sustainability is being concretely addressed in the Baixada Fluminense at SINAL's global learning center
- Learn about the unique biodiversity and natural resources of the Mata Atlântica
- Generate awareness of how students' daily choices can have a positive impact on today's environmental issues
- Learn from and get to know SINAL's staff of international educators and environmentalists from more than six countries around the world

Schedule

Arrival and Welcoming

Learn the story of SINAL over a breakfast that features fruits and foods from the Atlantic Rainforest.

9:00A.M.

Discussion on Sustainability

Head to our community gathering space for activities and games that will help students better understand and connect to the various challenges affecting the climate and environment, both in their own bioma, the Mata Atlântica, and around the world.

10:00A.M.



Lunch and Cooking Workshop

Enjoy a meal made fresh from food from our organic garden and agroforest, followed by a dessert workshop with our eco-chef Simone Marinho. Students will learn how our food choices affect the health of ourselves and our planet.

11:00A.M.

Interactive Tour

Next, journey on a sustainability tour through the living laboratory that is Sinal do Vale. Students will learn about organic farming, free-range chickens, compost, and much more. Students will even get a chance to participate in our efforts to reforest the Mata Atlântica.

12:00P.M.



Jungle Exploration

Follow a trail into the Jungle to visit a freshwater reserve and one of the most ancient trees in the valley. Students will learn about the numerous species that inhabit the Atlantic Rainforest and discuss the importance of the rainforest for all who live in Rio de Janeiro and the Baixada.

2:00P.M.

Treasure Hunt

Return to SINAL to end the day with a treasure hunt that will highlight what the students have learned throughout their day-long journey.

3:00P.M.

Our Founder

Thais Corral



Thais Corral is a renowned Brazilian **social entrepreneur** in the fields of sustainability, gender, and global leadership. She is the founder and current director of Sinaldo Vale, as well as two nationally recognized non-profit organizations in Brazil: Rede de Desenvolvimento Humano (**REDEH**) and Communication, Education and Information on Gender (**CEMINA**).

Our Team

Meet our staff of international environmental educators. We speak 6 different languages. We come from 7 different countries. We have backgrounds in ecology, economics, arts, and international relations.



Contact contact@sinaldovale.org for more information on prices and logistics.

Visit our website at www.sinaldovale.org to learn more about our projects, services and story.